

### Date & Time

Saturday, May 10, 2014  
7:30 am: 5k (3.1 miles)  
8:45 am: Kids' Dash



### Registration

Submit entry form to Race Headquarters:  
**Track Shack**  
1104 North Mills Avenue  
Orlando, FL 32803 • 407-896-1160  
Make all checks payable to:  
Track Shack Fitness Club  
**Register online by May 9th.**

### Location & Parking

**Pointe Orlando** located at 9101 International Drive, Orlando, FL 32819. Free parking will be provided in the Pointe Orlando parking garage.

### Course

The 3.1-mile course takes you through the heart of the **I-Drive Resort Area...Orlando's Most Dynamic Destination!**

### Entry Fee

Entry fees are nonrefundable  
Thru May 3 \$23  
May 4-9 \$26  
Race Day \$30 Cash or Check Only

### Kids' Dash

Free to all children. Children must register on the day of the event to participate. All children will be awarded finisher ribbons.

### Team Challenge

Rally your friends together and run, walk or sprint with your team. Be sure to register as a team with prizes awarded to **best costumes and largest team!** Join us for a morning of FUN!

from

### Packet Pick-Up

Pick up race number, t-shirt, and information at Race Headquarters, **Track Shack**, May 7 through May 9 10 am - 7 pm. Packets will also be available on race day from 6 am - 7 am.

### Age Groups

8-10	19-24	35-39	50-54	65-69	80 and over
11-14	25-29	40-44	55-59	70-74	
15-18	30-34	45-49	60-64	75-79	

### Amenities

Runners receive a commemorative t-shirt and special offers from I-Drive's tourism and hospitality community. Refreshments, and entertainment are provided!

### Awards

Top male and female masters and the top finisher in each age group will receive awards including I-Drive Fun Packages with attraction tickets, gift certificates and more! Second and third finishers in each age group will receive a medal.

### Beneficiary

Proceeds from the race will benefit the I-Drive YMCA Aquatic Center's "Safe Start" Water Safety Program.



PLEASE PRINT LEGIBLY.

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Submit entry form to Track Shack,  
1104 N. Mills Ave.  
Orlando, FL 32803; 407-896-1160

METHOD OF PAYMENT:  CASH  CHECK  VISA  MC  AMEX

CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

AMOUNT ENCLOSED \_\_\_\_\_

### TEAM / COMPANY REGISTRATION:

I AM REGISTERING AS PART OF A TEAM

TEAM NAME: \_\_\_\_\_

IT IS RECOMMENDED FOR THE TEAM CAPTAIN TO COLLECT ALL INDIVIDUAL TEAM MEMBERS REGISTRATION FORMS AND SUBMIT THEM TOGETHER.

**Restrictions:** For safety reasons, baby joggers/strollers, bicycles, roller skates, in-line skates, headphones and dogs will be prohibited from the race course.

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED. In consideration of my entry being accepted, I intend to be legally bound, and do hereby, for myself, my heirs, executors, waive and release all rights and claims for damages which may have or which may hereinafter accrue to me again Track Shack, Track Shack Fitness Club, Event Marketing and Management International Inc., Pointe Orlando, any of their sponsors upon which I'm entering, any subsidiary or political division thereof, or their respective officers, agents, directors, representatives, successors, assigns, and sponsors for any and all damages or injuries which may be sustained and suffered by me in connection with my association with entry or participation in the event as is mentioned above. If I should suffer injury or illness I authorize officials of the race to use their discretion to have me transported to a medical facility, and I take full responsibility for their actions. I attest and certify that I am physically fit and have sufficiently trained for the completion of this event. I hereby grant full permission to any and all of the foregoing to use any photographs, video tapes, motion pictures, recordings or any other record of this event for any purpose. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE (ON RACE DAY) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAY PHONE \_\_\_\_\_ EVENING PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

MALE  FEMALE T-SHIRT SIZE  S  M  L  XL  XXL

Signature (If under 18, parents signature is required) \_\_\_\_\_ Date \_\_\_\_\_